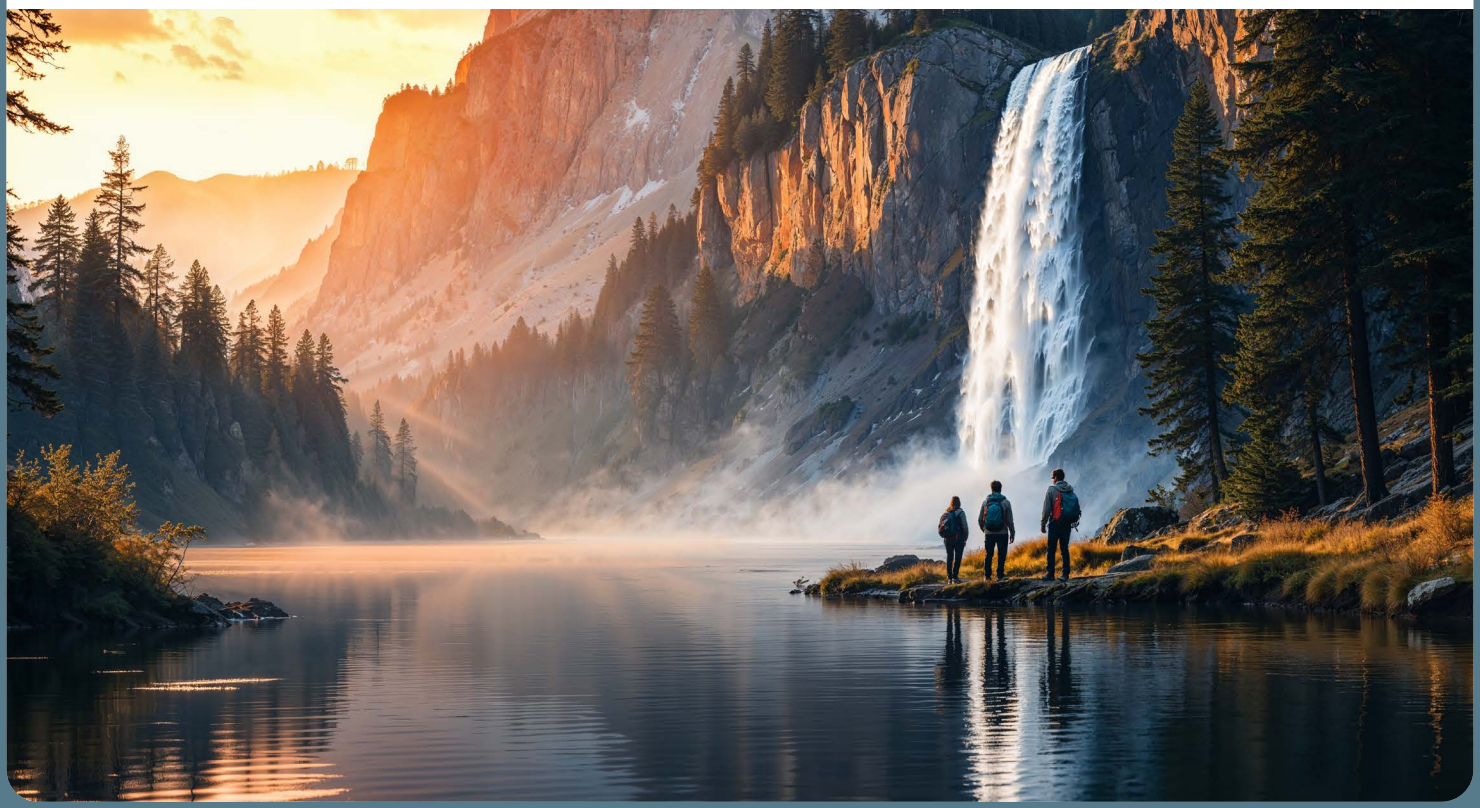
Coaching teams and individuals

In professional services, stress can play a dominant and negative role. Where professionals and teams get stuck, a tailored programme offers a way out: getting to the heart of the problem and from there, together, moving up the road to success. With profound knowledge of the dynamics in high-performance environments, I help the team get a grip on negative dynamics, take control, turn stress into strength and rebuild trust and sustainable performance. From reactive survival to proactive excellence.

When coaching teams, one or more of the following tools can be applied:

- DiSC assessments (preferred behaviours and priorities)
- A Lencioni scan (five dysfunctions of a team)
- The principles of Deep Democracy

These tools offer insights and perspectives that produce breakthroughs and strengthen relationships. Each program is tailored to the existing needs and these tools can be used where they add concrete value.